

## Fitting Guide

Prior to fitting your mask, remove the orange spring frame support from the rear of your mask and retain for future use.



- With both lower headgear clips released, position the cushion at an angle on the nasal bridge.



- Keeping the upper position of the mask in place, swing the lower half of the mask down against the face.



- Hold the mask firmly against the face and pull the headgear over the head.



- Bringing the lower straps below the ears, clip the headgear into the lower part of the spring frame.



- Unfasten the Velcro®, pull the upper headgear straps evenly until they are comfortable and firm, and reattach the Velcro.



- Repeat step 5 with the lower headgear straps.



- Connect one end of the air tubing to the swivel and the other end to the airflow device.
- Turn on the airflow device.

### Tip One



- Ensure the headgear is correctly positioned on the head.



- Hair can be worn tied up or down, over or under the headgear strap.

### Tip Two



- Ensure the mask sits mid-bridge and does not encroach on the eyes.

**Quattro™ FX for Her**  
FULL FACE MASK

[www.quattrofx.com](http://www.quattrofx.com)